

Player: Daily Schedule for High Altitude Elite Girls Hockey Camp

Saturday	Activity	Group	Location
1:00 - 2:30 pm	Registration	Floating	Sewall Hall
2:45 - 3:15 pm	Camp intro meeting	All - Mandatory	Sewall Hall
3:45 - 5:00 pm	Ice	Grey & Lt Blue	Ice Rink
3:45 - 4:45 pm	Ice Breakers	Black & Yellow	Fields / Sewall Hall
5:00 - 6:15 pm	Dinner	All	Sewall
6:30 - 7:30 pm	Ice Breakers	Grey & Lt Blue	Fields / Sewall Hall
6:30 - 7:45 pm	Ice	Black & Yellow	Ice Rink
8:00 - 9:30	Mini Cross Ice Games	All	Ice Rink
9:45 - 10:15 pm	Team Meetings	All	Various
Lights out 11:00 pm		ALL	



Sunday	Activity	Group	Location
7:00-8:00 am	Breakfast	All	Sewall
8:15 - 9:30 am	Ice	Grey & Yellow	Ice Rink
8:15 - 9:15 am	Off Ice Physical Testing	Lt Blue & Black	Kittredge Field
9:45 - 11:00 am	Ice	Lt Blue & Black	Ice rink
10:00 - 11:00 am	Off Ice Physical Testing	Grey & Yellow	Kittredge Field
11:00 - 12:00pm	Lunch (Goalies eat 1st)	All	Sewall
12:15 - 1:15 PM	Ice Goalies	Goalie World	Ice Rink
1:30 - 3:00 pm	Ice	Grey & Yellow	Ice Rink
1:30 - 2:30 pm	Off Ice/Team Bldg	Lt Blue & Black	Fields / Sewall Hall
3:15 - 4:45 pm	Ice	Lt Blue & Black	Ice Rink
3:30 - 4:30 pm	Off Ice/Team Bldg	Grey & Yellow	Fields / Sewall Hall
5:00 - 6:00 pm	Dinner (early game eat 1st)	All	Sewall
6:15 - 7:30 pm	Game	Grey & Yellow	Ice Rink
6:15 - 7:15	Seminar	Lt Blue & Black	Sewall
7:45 - 9:00 pm	Game	Lt Blue & Black	Ice Rink
8:00 - 9:00 pm	Seminar	Grey & Yellow	Sewall
9:00 - 10:00 PM	Team Meeting (skit practice)	ALL	various
Lights out 11:00 pm		ALL	

SAMPLE SCHEDULE ONLY

ACTUAL 2011 SCHEDULE SUBJECT TO CHANGE

Monday	Activity	Group	Location
7:00 - 8:00 am	Breakfast	All	Sewall
8:15 - 9:30 am	Ice	Yellow & Lt Blue	Ice Rink
8:15 - 9:15 am	Altitude Training (Zach)	Black & Grey	Ferrand Field
9:45 - 11:00 am	Ice	Black & Grey	Ice Rink
10:00 - 11:00 am	Altitude Training (Zach)	Yellow & Lt Blue	Ferrand Field
11:00 - 12:00 pm	Lunch	All	Sewall
12:00 - 1:00 pm	College Seminar	ALL	Rec Center Conf. rooms 3&4
1:30 - 3:00 pm	Ice	Yellow & Lt Blue	Ice Rink
1:30 - 2:30 pm	Off Ice/Team Bldg	Black & Grey	Fields / Sewall Hall
3:15 - 4:45 pm	Ice	Black & Grey	Ice Rink
3:30 - 4:30 pm	Off Ice/Team Bldg	Yellow & Lt Blue	Fields / Sewall Hall
5:00 - 6:00 pm	Dinner	All	Sewall
6:15 - 7:30 pm	Game	Yellow & Lt Blue	Ice Rink
6:15 - 7:15 pm	Seminar	Black & Grey	Sewall
7:45 - 9:00 pm	Game	Black & Grey	Ice Rink
8:00 - 9:00 pm	Seminar	Yellow & Lt Blue	Sewall
9:00 - 10:00 PM	Team Meeting (skit practice)	ALL	various
Lights out 11:00 pm		ALL	

Tuesday	Activity	Group	Location
7:00 - 8:00 am	Breakfast	All	Sewall
8:15 - 9:30 am	Ice	Grey & Lt Blue	Ice Rink
8:15 - 9:15 am	Off ice Zach Blast	Yellow & Black	Ferrand Field
9:45 - 11:00 am	Ice	Yellow & Black	Ice Rink
10:00 - 11:00 am	Off ice Zach Blast	Grey & Lt Blue	Ferrand Field
11:00 - 12:00 pm	Lunch (Goalies eat 1st)	All	Sewall
12:15 - 1:15 pm	Ice Goalies	Goalie World	Ice Rink
1:30 - 3:00 pm	Ice	Grey & Lt Blue	Ice Rink
1:30 - 2:30 pm	Bookstore	Yellow & Black	CU Bookstore
3:15 - 4:45 pm	Ice	Yellow & Black	Ice Rink
3:30 - 4:30 pm	Bookstore	Grey & Lt Blue	CU Bookstore
5:00 - 6:00 pm	Dinner	All	Sewall
6:15 - 7:30 pm	Game	Grey & Lt Blue	Ice Rink
6:15 - 7:15 pm	Team Meetings (skit prac.)	Yellow & Black	Various
7:45 - 9:00 pm	Game	Yellow & Black	Ice Rink
8:00 - 9:00 pm	Team Meetings (skit prac.)	Grey & Lt Blue	Various
9:00 - 10:00 pm	Skits	All	Sewall
Lights out 11:00 pm		ALL	

Wednesday	Activity	Group	Location
7:00 - 8:00 am	Breakfast	All	Sewall
8:30 - 9:45 am	ICE	Game NCAA Final	
10:00 - 11:15 am	ICE	Game Olympic Final	
		Camp Ends	PLAYERS DISMISSED

Note:if you have airport transportation, be sure to check your departure time and meet your ride at Libby Hall

Check out with your Counselor
Room Keys may be recycled